

Transformative Beauty: Buttock Augmentation Surgery Before and After

A buttock augmentation is a type of cosmetic surgery used to enhance the buttocks' look. This can be included in a tummy tuck procedure. Alternatively, it might be included with a lower body lift to shape the belly, thighs, and buttocks. Excess skin and fat are removed from the buttocks during a buttock augmentation surgery. After that, the remaining skin is readjusted to give a firm and toned appearance. Only a buttock lift surgery is not able to change the volume. Using implants or fat removed from other areas of the body, the combined procedure of buttock augmentation and lift modifies the size or form of the buttocks. Let's learn about **buttock augmentation surgery before and after**.

When do you go for buttocks augmentation?

The skin changes and gets looser when you become old. Additionally, skin that has been stretched may find it more difficult to return to its original shape due to genetics, UV damage, and weight fluctuations. Due to this, the buttocks and other body parts become sag.

Usually, a buttock lift is performed in conjunction with other body reshaping techniques. A buttock lift is something to think about if you:

- Have experienced significant weight loss and at least six to twelve months of steady weight.
- Are you overweight and haven't been able to shed a significant amount of weight with exercise and dietary adjustments
- Maintain a healthy weight yet wish to see a noticeable change in the lower body appearance.
- Despite being a healthy weight, you have loose skin after having liposuction.

Before Buttock Augmentation Surgery:

First, a plastic surgeon will discuss a buttock lift with you. On your initial appointment, your plastic surgeon will probably:

Examine your medical background: Be ready to respond to inquiries on previous and present medical issues. Discuss any current or past medical conditions you may have, as well as any procedures you may have had. If losing weight is the reason behind your desire for a buttock lift, the surgeon will probably interview you extensively about your diet and weight gain/loss.

Conduct a physical examination: The surgeon will evaluate your lower torso, skin, and buttocks to establish your course of therapy. For your medical file, the surgeon may also take photos of your buttocks. Moreover, blood tests are required.

Talk about what you expect: Describe your reasons for wanting a buttock lift and your desired post-procedural look. Make sure you are aware of the advantages and hazards, such as scarring.

A buttock lift may also need you to:

Give up smoking: Smoking slows the healing process and reduces blood flow to the skin. Additionally, smoking might greatly raise your chance of problems. You must give up smoking both before and after surgery if you smoke.

Stop taking some drugs: Likely, aspirin, herbal supplements, anti-inflammatory medications, and blood thinners will need to be avoided. They could enhance bleeding.

Keep your weight steady: Before getting a buttock lift, you should ideally be able to maintain a steady weight for at least six to twelve months. After the surgery, significant weight loss may have an impact on your outcome.

Make plans for assistance while you heal: Arrange for someone to accompany you while you recuperate from surgery and to drive you home.

After Buttock Augmentation

The first three to six months will see some tissue settling, and the scars may take up to two years to fully disappear. As long as you maintain a constant weight and level of general fitness, the overall benefits are long-lasting, however, some visual scars may still exist. It's normal for your body to lose some firmness with age. But the majority of your original progress ought to hold.

While you should anticipate positive outcomes from your buttock augmentation procedure, there is no assurance. Sometimes a single surgical treatment may not be sufficient to produce the best outcomes, necessitating further procedures.

Among the most typical ill effects are:

- Severe bleeding following surgery
- Pain and swelling,

- Discolouration of the skin,
- Infection,
- Collection of blood or fluid behind the buttocks, and allergic responses
- Loss of excessive skin.
- Anesthesia-induced nausea and vomiting

Conclusion

In conclusion, in this blog, we have discussed the [buttock augmentation surgery before and after](#). Generally, your buttock augmentation procedure will leave you with long-lasting effects but you need to consult with an expert and experienced cosmetic surgeon to get the best outcome. It is important to maintain your weight and lead a healthy lifestyle, you'll be able to hold onto your new appearance for longer.